

**The Hays County
Diabetes Coalition
presents:**



***A program for people with type 2
diabetes, focusing on nutrition,
exercise, medication, and managing
complications***

**Class Series: Thur., Sept. 1
Thur., Sept. 8
Thur., Sept. 15
Thur., Sept. 22
Thur., Sept. 29**

6:00-8:00 p.m., Hays County Extension office

Cost: \$20 (for the series)

Child care may be available

Contact the Extension office or check the <http://hayscountydiabetescoalition.blogspot.com> for more details. You can also become a "follower" of the blog and access great resources.

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in this program are encouraged to contact the Extension office at least 5 days prior to this event to determine how reasonable accommodations can be made.

Texas AgriLife Extension Service of Hays County

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Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin.
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